

## Safe Environment Session Grade K5

Dear Parents,

The United States Catholic Conference of Bishops' Charter for the Protection of Children and Youth mandates that all Religious Education programs and Catholic schools provide one session each year concerning an area of Safe Environment. A variety of topics have been used by Southeast Catholic over the years.

This year, we have set aside one class period, Sunday October 6 and designated it Safe Environment Sunday. There are no on campus classes that day. Instead, we ask that you complete the attached lesson, which was produced by the Archdiocese of Milwaukee. The lessons are not complicated and should take 30 minutes or less to complete with your child.

SIGN AND RETURN THIS LETTER INDICATING THAT YOU HAVE COMPLETED THE LESSON WITH YOUR CHILD. IT IS VITAL THAT WE HAVE 100% COMPLIANCE WITH THE BISHOP'S MANDATE.

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Parent Signature

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Child Name

Thank you for your cooperation.

Karen Bushman

Director, Elementary Religious Education

## **Lesson: K4 – K5**

**Concept:** *Learns that the body is a gift from God. Follows Grade Specific Religious Education concept under Creedal Church and Moral Life.*

**Goals of this lesson:** *This lesson is designed to assist the child in learning that the body is a gift from God, and to learn ways to keep themselves safe.*

### **Opening Prayer:**

Parent: Dear God, I know that you love me.

Child: *Dear God, I know that you love me.*

Parent: Dear God, I know that you watch over me.

Child: *Dear God, I know that you watch over me.*

Parent: Dear God, I know that you keep me safe.

Child: *Dear God, I know that you keep me safe.*

ALL: Amen.

### **Lesson by Parent:**

My body is a gift from God. Everyone has a body. Your body belongs to you. You own it. Because it is your body, it is important to keep it safe. Most of the time grownups keep you safe. But there are things you can do to help yourself stay safe.

*Pass out the body handout. Have your child color the swim suits.*

Explain that the private and special parts of the body are the areas that are covered by the child's bathing suit. These are the parts of the body that belong to only them.

*Discuss who are the people who would be allowed to see or touch these parts and why they would need to touch them.*

### **Discussion questions:**

Complete the discussion questions on back. Then sign the verification section on the letter and return it the catechist.

## K5 Safe Environment Lesson Questions

Ask your child the questions below and brainstorm answers together. Write answers below.

1. Name at least 5 kinds of people, besides mom & dad who help keep children safe? (i.e. police)

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

2. How do adults keep you safe?

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

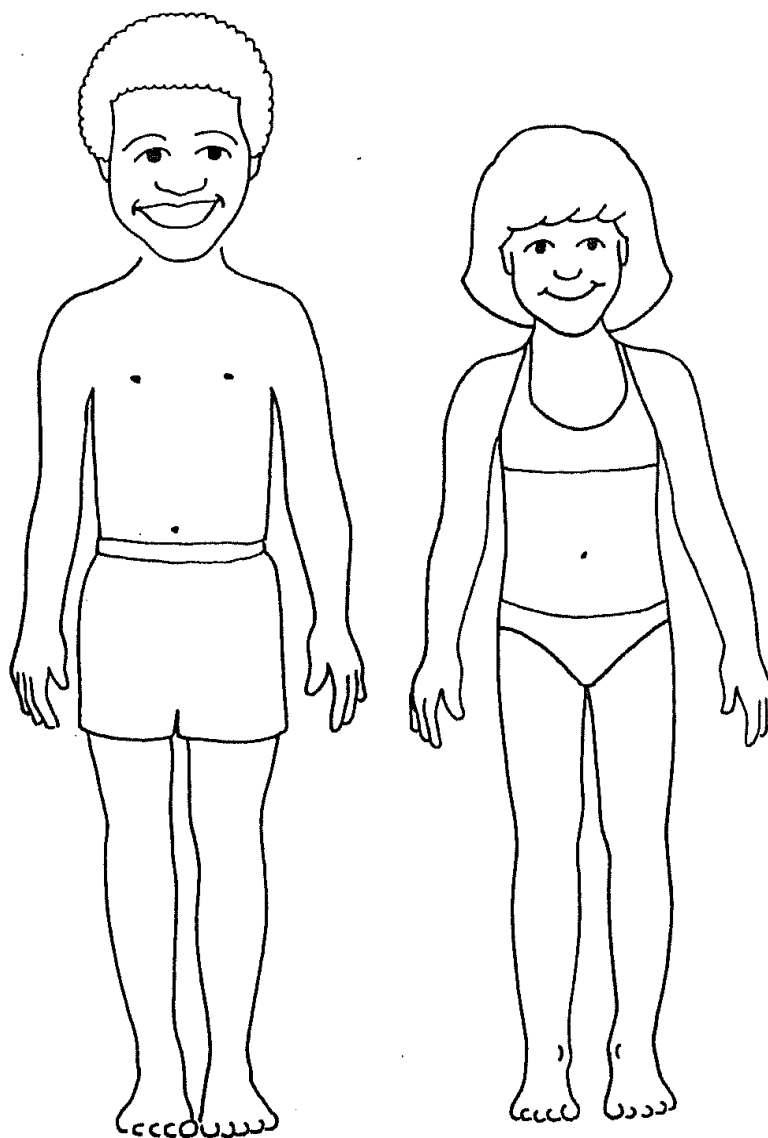
3. What are ways you keep yourself safe?

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

4. Give the names of three people that your child knows who help keep them safe.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_

## PRIVATE PARTS



Some parts of your body are special and private. These parts are private and belong only to you. Your swimsuit and underwear cover these special and private parts.

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