

FIRST EUCHARIST

2020 Final Session

FOCUS: To go forth to love and serve the Lord and a child's view of the Church as a community of friends.

Blessed videos are found at <https://dynamiccatholic.com/blessed/program-view/>. Scroll down to the Blessed First Communion Access section and then at Session 4 click "view session". All of the session videos can be accessed at the bottom of the page.

OUTLINE

1. **First Eucharist Song (Continue to practice)**
2. Blessed Session 4/True Presence Questions (Let child give answers before reading the italicized)
 - A. Why is an anchor a symbol of hope for early Christians? *The anchor was a reminder that no matter what happened, their lives belonged to Jesus.* Hebrews 6:19: "We have this hope as an anchor for the soul, firm and secure."
 - B. What is a symbol? *A symbol is any object that stands for or represents something else.*
 - C. Besides the anchor we mentioned above, name a few Catholic symbols? *A cross (the love of Jesus), a fish (used by early Christians to identify each other), the shamrock (Trinity)*
 - D. Is Eucharist a symbol? *No, Jesus is truly present in the bread and wine.*
 - E. Go to Youtube and search for "Miracle of Lanciano Italy". What happened to the priest in the 8th century? *The priest was starting to doubt whether the Bread and Wine truly became the Body and Blood of Jesus* Where did it happen? *Lanciano Italy.* What happened to the host? *The bread and wine actually became the flesh and blood of Jesus.*
3. Blessed – Session 4/Jesus is in You Episode 6
 - A. How would you feel if Jesus came to visit your house? How would you get ready? *Any answer*
 - B. What should you do once you have received Eucharist? *Kneel down, talk with Jesus. Count your blessings.*
 - C. What are some of the gifts we receive when going to Communion?
 1. *Friendship with Jesus*
 2. *Desire to do the will of God*
 3. *Cleansing of venial sins*
 4. *Hunger for virtue*
 5. *Grace to avoid sin in the future*
 6. *Heart that listens to the Holy Spirit*
 7. *Desire to know and love God*
 - D. What are you sent out to do at the end of Mass? *Share your blessings with the world.*
4. Blessed – Session 6/Made for Mission
 - A. Why has God blessed you? *Because He loves you; Wants you to live a fabulous life on earth and live with Him in heaven forever, you were made for mission*
 - B. God gives everyone something unique. What is it? *A mission*
 - C. What is the most important part of your mission? *To bring God's love to everyone you meet.*
5. Blessed – Session 6/Your Parish Family
 - A. What do you think is the most famous family in the world? *Catholic Church. It has a home/family in every place in the world.*
 - B. What does your parish do for you? *Parish feeds your soul, have what you need to grow spiritually, there for us in times of sadness and joy*
 - C. Why is the Catholic Church a great force for good in the world? *Feeds millions of people, give housing to homeless, clothing for those with nothing to wear and take care of sick people around the world.*
 - D. Why does the church do these things, even for people who are not Catholic (or even believe in God)? *We are all God's children – one big family and families take care of each other.*
 - E. How does your parish need you? *To become the force on earth to care for others. So they can powerfully serve every person in the world.*
6. Blessed – Session 6/Go Make a Difference
 - A. As Catholics we are made for mission. What is a mission? *A mission is a purpose, a role we need to fulfill.* When did we receive our mission? *When we were baptized we received our mission.* It may take time to work out exactly what mission God is calling you to do but we have already learned

- about the most important part of the mission. What do you think is the most important? *To bring God's love to everyone we meet.*
- B. Tell your child the story of the Starfish. *Starfish were stranded on the sand when the tide went out. The boy took one starfish at a time and threw it out. An old man told him he was wasting his time. You will never make a difference. The boy threw one more and said, "I made a difference for that one."*
- C. What is your greatest talent? *Ability to make a difference in other people's lives. As disciples of Jesus we should always be looking out for opportunities to make a difference.*
- D. Who encourages us when we feel discouraged that we can't make a difference? *The Holy Spirit.*
- E. Reminder: Don't let what you can't do interfere with what you can do.
7. Complete ***Your Parish Family Sheet*** together
8. Blessed – Session 6/Trusting God
- A. What does it mean that something or someone has a purpose? *There is a reason why something happens or why a person was created by God.*
- B. Give these purpose examples: *Going to school and seeing your friends is great, but the purpose of school is to learn new things; winning at soccer is exciting, but the purpose of sports is to help us grow strong and stay healthy.*
- C. By realizing that God has a purpose for everything, we learn to trust God and the plans He has for our lives.
9. Jeopardy and Double Jeopardy (Find at www.southeastcatholic.org) Under the sacraments tab go to First Eucharist.

Banners – If you will be making a banner, instructions are on the website www.southeastcatholic.org. Please note the size. Bring the banner when instructed to do so. It will act as the “place card” for your family pew.

Reception of Eucharist practice: We will not be able to have your child practice the reception of Eucharist in class so please practice together.

Reception of the Body of Christ

- a. Using a small round cracker, you are the Eucharistic minister.
- b. Have child walk forward with hands folded.
- c. Child makes small bow.
- d. Child makes a throne for Jesus.
 - a. For right handed child – put right hand under the left hand.
 - b. For left handed child – put left hand under the right hand.
- e. Parent says **“Body of Christ”**
- f. Child responds **“Amen”**
- g. Parent places cracker in hand. Child uses lower hand to pick up cracker and place in mouth.
- h. Child folds hands and walks away.

Reception of the Precious Blood

- a. If you have wine at home, please put only enough in a cup for a swallow.
- b. Have child walk forward with hands folded.
- c. Child makes small bow
- d. Parent says **“Blood of Christ”**
- e. Child responds **“Amen”**
- f. Parent hands cup to child, child takes small drink and hands back to parent, folds hands and walks away.

Your Parish Family



Please write your answers on the lines. We will share our answers in the large group.

1. Give one word describing your parish community. _____

2. Give one example of something that makes you feel a part of your parish community.

3. Give one example of something that could make someone feel left out of your parish community.

4. **Besides attending Mass**, list one parish activity at which your family participates.

5. Name a parish activity at which your family would like to participate.
